



FOR IMMEDIATE RELEASE

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Wheaton Parks Department to Host Virtual 5K, 10K & Run/Walk

New format to coincide with annual 'Taste of Wheaton' week

WHEATON, IL, May 4, 2020 – The Wheaton Parks department, in conjunction with Price Chopper, is announcing a unique approach to a popular event with the current times in mind.

To protect our residents, the Wheaton Parks Department will hold its annual 5K & 10K Run/Walk virtually this year. The event was previously scheduled for Saturday, September 12th.

We encourage all participants to join us on virtual race weekend (Friday, September 11th – Sunday, September 13th) to run or walk while safely exploring our community.

Participants will receive a special edition race packet including a super-soft t-shirt, cooling headband, running bib and more. For the first time, participants will also have access to virtual and printable resources, including nutritional and run training guides from the Excel Sports Coaching staff. The 5K costs \$30 and the 10K costs \$40. Registration and resources are available at the parks department site [here](#).

Fans are also encouraged to use the Fitbit app when they do their virtual run for an exclusive race day experience. Spectators are also able to track and cheer on runners/walkers through the Fitbit app. Participants can race and record their time any time during race weekend. Race packets will be mailed directly to runners.

This run is being held to coincide with the annual *Taste of Wheaton* event, which this year will be held online. Tickets for the event will entitle participants to order up to five samples from area vendors for home delivery. The *Taste of Wheaton* event runs from Friday, September 4th through Sunday, September 12th.

“It seems like a perfect marriage to have our fun run during our *Taste of Wheaton* week,” says Wheaton Parks Department Wellness Director Sherry Kaplan. “This way residents can eat well from our restaurants all week, then get some exercise and work off all of that great food.”

Kaplan gave a special thank you to Wheaton Parks Department sponsors, including Price Chopper, Blue Cross and Blue Shield of Illinois, The University of Illinois Health System, Excel Sports Coaching and Imperfect Foods. Sponsorship opportunities are still available.

For more information please contact the Wheaton Park District Administration Office:

102 E. Wesley St. Wheaton, IL 60187
(Located in the DuPage County Historical Museum)
Phone: 630.690.4880
[Contact](#)

The mission of the Wheaton Parks Department is to enrich the quality of community life through a diversify of health leisure pursuits and heightened appreciation of your natural world.

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