

Thriving Band ‘The Spirit Theory’ Delves Into Existential Themes With New Music

With their new release, “Hoping to Make Sense,” the band questions the parallel between choices and decisions via memorable melodies that feature relatable lyrics.



According to critic Jeff Malsohn, *The Spirit Theory* has the rare ability to sound soulful and ‘poppy’ at the same time. He says, “There is really something for everyone in their music, and while they’ve constructed each song to have a message to it, they don’t beat you over the head with what they’re trying to say. In short, they make perfect sense in this collection of songs.”

About Malsohn’s assessment, lead guitarist Blair Pickar says, “This is the result of close collaboration between our lyricist and lead singer, Nikki, and myself. We work really hard to create pieces that we feel deeply connected to, and that we think will resonant with listeners.”

The Spirit Theory began in 1998 when Pickar met bassist Brian Giberson at an impromptu jam session. The two quickly realized that they had a strong foundation for a remarkable band. After an exhaustive search for a lead singer, Nikki Boyer signed on to give *The Spirit Theory* its unique vocal sound. The band was complete when drummer Fabian Carbone joined the group.

“Hoping to Make Sense” is now available for download now on iTunes.

About the band:

Nikki Boyer joined *The Spirit Theory* a few months after moving to Los Angeles from St. Louis, Missouri. While living in the midwest Nikki performed in the band *Superfunk Fantasy*. That group mostly performed cover songs, while wearing crazy costumes.

This coupled with their high-energy style made them a crowd favorite. Nikki hopes that *The Spirit Theory's* songs inspire people to 'to live in the now.'

Blair Pickar, when not dreaming of playing in the NBA, is a musician with many talents. He began his musical journey as a drummer but now spends more time with his guitar and playing the piano. He's been influenced musically by such wide-ranging artists as John Coltrane, Stevie Wonder, and Tori Amos. Interest in Eastern and Native American philosophies also influence his lyrical choices.

Brian Gilberson is a man of few, but very meaningful, words. Having only recently discovered his musical talent, *The Spirit Theory* is Brian's first band. Listen closely to hear Brian tell a fascinating story via his bass every time the group performs

Fabian Carbone has a musical history that includes time with such bands as *Honest Mistake* and *Fozzie the Bumpkin*. Fabian is a fan of Sting, *The Foo Fighters* and *Counting Crows*, and while he really enjoyed working in the studio on this release, Fabian is happiest when *The Spirit Theory* is performing on stage.

For more information about the band and/or to book them, please contact Justin Saybrooke with Imperial Artists Management at 310.474.7258